

AFTER FIVE

THE NORTH STATE MAGAZINE

APRIL 2022 / 35th Year / No. 6

THE NEWS, ARTS & ENTERTAINMENT MONTHLY

ON THE COVER

RODNEY CROWELL

Singer-songwriter Rodney Crowell, slated to perform in Weaverville this month, sustained an episode of memory loss that was a new experience. But the free-ranging meditation of lyrics following the ordeal fit nicely into his 18th studio album that's heavy on introspection. Read the After Five interview beginning on page 8

CANNABIS ENTREPRENEUR

Owner and operator of 530 Collective and, later, Synergy, Jamie Garzot in 2009 took a chance to change the way medicinal marijuana was not only distributed but also how it was perceived. In turn, she helped the industry grow, influenced a city's acceptance of the new industry and even helped craft legislation. This month she's releasing her book about that journey: 'Unconventional: A Memoir of Entrepreneurism, Politics, and Pot.' See page 14



GAS MONEY

Is it better to send out checks or suspend a tax? State lawmakers have several proposals for getting money into the hands of motorists facing higher fuel prices. One-time checks would be especially helpful for people with lower incomes, say economists and policy experts. Republicans are pushing to temporarily suspend the state gas tax to reduce the price of gas. See page 18



JEFFERSON CENTER FOR THE ARTS
PRESENTS

Laurie Lewis
and The Right Hands

Saturday, April 9 - 7pm
Tix \$20 - Students/Seniors \$15
Kids 10 and under free

Friday, April 15 - 8pm
BOBBO BYRNES & KEVIN PATRICK RADLEY
Americana Masters
Tickets \$15 / Door \$20

COMEDY NIGHT Nick Larson and Danielle Arce
Saturday April 23 8pm
\$15 Advance

GERRY O'CONNOR
with Richard Mandel

Thurs., May 5 - 7:30pm
Tix \$20 - Students/Seniors \$15
Tickets at website or Eventbrite.com
Jefferson Center For The Arts
1124 Pine Grove Dr., Mt. Shasta
JEFFERSONCENTERFORARTS.COM



PHOTO / Daniel Hill

"Meteor Shower" cast, left to right: Robert Hurst Jr. (Norm), Amy Dunn (Corky), Michael Osa (Gerald), Nadia Salsedo Elwood (Laura).

Axiom presents a relatively new play with Steve Martin's 'Meteor Shower'

A relatively new play is set for the Axiom stage in April as the Redding theatre group presents "Meteor Shower," written in 2016 by that "wild and crazy guy," Steve Martin.

"When Lizzie Stoxen brought 'Meteor Shower' to my attention, I immediately knew it was a show that we needed to stage," Axiom Repertory Theatre CEO and artistic director Ken Hill, who is directing this production, said in an email. "It has it all: absurdist humor, physical comedy, complex characters examining life from fresh and new perspectives, a plethora of metaphors, and so on and so on."

Hill said that there is not another play out there like it.

"'Meteor Shower' is a completely unique play unlike anything I've ever read before," he said. "In an interview with Mr. Martin, he stated (and I'm paraphrasing here) that since sitcom writing is so good these days, it was important that he not write a sitcom style play, but instead write something that is distinctly theatrical. He's certainly done that with 'Meteor Shower.' It belongs on the stage, and we feel incredibly fortunate to have secured the rights to produce the play so early in its lifespan."

The play is scheduled April 1-16 with 7:30 p.m. shows on Thursdays, Fridays and Saturdays, and 2 p.m. matinees on Sundays.

Hill said he's finding that he has less and less opportunity to direct with each coming season, but that's alright with him.

"As much as I love and live to direct and produce theatre, I love going to the theatre and seeing shows just as much," he said.

But he also said he knew right away that "Meteor Shower" was a production

he wanted to direct.

"Who wouldn't want to direct the newest comedy from Steve Martin? In my opinion, Mr. Martin is a theatrical genius," Hill said. "We've been looking at his earlier show, 'Picasso at the Lapin Agile,' but this show is such a tour de force I just couldn't put it down. As I mentioned to my friend John Truitt the other day, it may very well be one of the greatest works of Contemporary Modern American Dramatic Literature."

The Wikipedia entry for "Meteor Show" describes the plot in three short sentences: In 1993, a meteor shower occurs in Ojai, California. Corky and her husband Norm invite another couple for dinner, Gerald and Laura. Over the course of the evening, Gerald and Laura are belligerent and aggressive.

The play premiered on Broadway in 2017, and Amy Schumer, who played "Corky," received the production's sole Tony Award nomination.

The Axiom show is performed by a cast of four: Amy Dunn plays "Corky"; Robert Hurst portrays her husband, Norman; Michael Osa appears as Gerald, the husband of the visiting couple coming to watch the meteor shower; and Nadia Salsedo Elwood is "Laura," Gerald's wife.

Hill said Dunn, Hurst and Osa are veterans of Axiom's stage.

Osa has appeared in "Art," "The Rocky Horror Show," and others. Dunn has also appeared in "The Rocky Horror Show" and other productions as well. Hurst recently appeared in Axiom's "White Christmas." And this is Salsedo Elwood's introduction to Axiom's stage, though she has appeared in other local productions elsewhere.

Hill said a play like "Meteor Shower" offers a nice mix of the types and styles

of plays that provide both challenges and inspiration for not only Axiom as presenting and producing artists, but also for their audiences who have come to expect something perhaps slightly different or novel from Axiom Repertory.

"So in a given regular season we'll feature a variety of shows from long ago to 'fresh off the press,'" he said.

One of the things Hill said they are working on for Summer Rep 2022 is a New Plays Festival, which will feature very new shows.

In addition to the New Plays, Hill said they will soon be announcing their Summer Season 2022, their new High School Theatre Program (ACT/YA), a Summer Children's Program (ACT), and Season 6 that will be kicking off in September, 2022.

"As I'm fond of saying, I'm content to be the 'tether ball pole,'" Hill said. "I don't have to hit the winning shot or even play in the game. It's enough to provide the opportunity for so many talented artists to practice their craft."

And also enjoy doing so, he added. "As one of our performers said to me the other day, (speaking to the entire staff and crew of Axiom), 'Thank you (everyone) for creating such a wonderful sandbox to play in,'" Hill said.

"If I'm able to direct a show here and there, that's enough for me," he added. "What's important is that the Theatre continue and thrive. It's like the lyrics from the Doobie Brother's song ('Listen to the Music'): 'What the people need is a way to make them smile. It's not hard to do if you know how. Gotta' get a message, get it on through...'"

For tickets and information go online to axpretheatre.com or call 530.605.0500. The theatre is located at 2613 Bechelli Lane, Redding.

RIVERFRONT PLAYHOUSE PRESENTS

3 PLAYS BY HOWARD R. PATTERSON

A FUNDRAISER TO BENEFIT RIVERFRONT PLAYHOUSE

VINCE AND SAUL
Vince - Howard Patterson
Saul - Che Stedman
Trudy - Taryn Stedman
Tish - Lisa Collins
Directed by: Bill Collins

FLO AND CYN
Flo - Lisa Collins
Cyn - Susan Daugherty
Directed by: Russell Piette

CAL & TANQUERAY
Calpepper Deveraux - Howard Patterson
Tanqueray Bodine - Susan Daugherty
Thad Duncan - John Welsh
Directed by: Russell Piette

APRIL 1 & 2
FRI. 7:30PM & SAT. - 2PM & 7:30PM

APRIL 8 & 9
FRI. 7:30PM & SAT. - 2PM & 7:30PM

TICKETS AVAILABLE AT
RIVERFRONTPLAYHOUSE.NET OR
ENJOY THE STORE-1261 MARKET STREET
ALSO AVAILABLE AT THE DOOR ON DAY OF PERFORMANCE
(SUBJECT TO AVAILABILITY)

PLEASE BE ADVISED THIS SHOW
CONTAINS STRONG LANGUAGE

We recognize and appreciate the generous support given to Riverfront Playhouse by "pro-arts" businesses and individuals

KNOR enjoy Second Searchlight After Five Wedding Radio



The Original Certified Shasta County Farmer's Market Since 1977

Redding Markets

SATURDAYS

April 2nd – December 10th
7:30 a.m. – 12:00 p.m.
Behind Redding City Hall
777 Cypress Ave

SUNDAYS

June 5th – October 9th
8:00 a.m. – 12:00 p.m.
Sundial Bridge Overflow Lot
800 Sundial Bridge Drive

TUESDAYS

Marilyn Miller Market
June 7th – October 11th
7:30 a.m. – 12:00 p.m.
Next to Dairy Queen
1700 Churn Creek Road

Burney Market

WEDNESDAYS

June 8th – Sept. 28th
3:00 p.m. – 6:00 p.m.
Burney Sporting Goods
37427 Highway 299 East

Anderson Market

THURSDAYS

June 9th – October 13th
7:30 a.m. – 12:00 p.m.
Shasta Gateway Shopping
Center
1699 California 273 #100

Farm Club

FREE \$\$\$ for Kids!

Kids can receive FREE tokens to shop for fruits and vegetables and learn about healthy eating with the Healthy Shasta FARM Club!

Redding: June Saturday Markets
Burney: July + 1st week of August

Visit healthyshasta.org for info

Market Match

Double your dollars!

Stretch your CalFresh benefits with Market Match. Use your EBT card at any SGA market and receive up to \$15 incentive dollars to buy fresh, local produce. Visit the Market Match booth at the market to learn more.



Center for
Healthy Communities
Clatskanie State University, Clatskanie



reddingfarmersmarkets.com



Dirty Cello in Weaverville

"Dirty Cello's music is all over the map: funky, carnival, romantic, sexy, tangled, electric, fiercely rhythmic, and textured, and only occasionally classical."

- Oakland Magazine

The San Francisco-based blues and Americana band Dirty Cello returns to the Trinity Alps Performing Arts Center in Weaverville for the first time in four years when they hit the stage at 7 p.m. on April 16.

Fronted by classical cellist, Rebecca Roudman, this genre-bending band plays high energy blues and bluegrass with a smattering of classic rock like the Rolling Stones thrown in.

The band is fresh off a tour to the far northern reaches of Iceland where they played many shows including a slightly confused cowboy festival held in their honor.

"Everyone in the town dressed like American-style cowboys," Roudman said. "There were cowboy hats, camouflage clothes, beer drinking contests, and even a slightly confused singalong of 'Country Roads.'"

Tickets are \$12 for adults, \$20 for a couple and \$30 for a family, and are available online at dirtycello.com or tapaonline.org



AFTER FIVE The North State Magazine

After Five is published monthly for the communities in the north state and southern Oregon. Founded October 28, 1986. Advertising policies: The subject matter, form, size, wording, illustrations and typography are subject to the approval of After Five. Because a product is advertised in After Five does not necessarily mean we endorse its use. Display advertising rates and more detailed explanation of our ad policies are available on request. The entire contents of After Five are copyright 2022 by After Five. Mailed subscriptions are \$50 per year. Editorial portions of the magazine may be reprinted by non-profit organizations. All other reproductions require the express written consent of the publisher. After Five welcomes editorial contributions, suggestions and story ideas from its readers. After Five is not responsible for unsolicited manuscripts. Manuscripts or materials unaccompanied by a stamped, self-addressed envelope will not be returned. Space is offered for short announcements and calendar events on a regular basis. Readers should submit calendar items between the 1st and the 15th of the month preceding the month of publication. No phone call submissions; email or regular mail only.

AFTER FIVE

General Manager/Editor: Ron Harrington

Publisher: Craig Harrington

P.O. Box 492905, Redding, California 96049

Telephone (530) 275-1716 • FAX (530) 303-1528

ON THE WEB northstate.news

Advertising (530) 275-1716 • FAX 303-1528

email: advertising@after5online.com

Editorial (530) 275-1716 • FAX (530) 303-1528

email: editorial@after5online.com

calendar@after5online.com

After Five is printed by the
Klamath Falls Herald and News

Laurie Lewis in Mt. Shasta on April 9

Laurie Lewis and The Right Hands are scheduled to perform a show at 7 p.m., April 9, at the small and intimate Jefferson Center for the Performing Arts (JCA) in Mt. Shasta.

For nearly four decades, Lewis has gathered fans and honors for her powerful and emotive voice and her versatile, dynamic songwriting.

Twice named Female Vocalist of the Year by the International Bluegrass Music Association, she also won Song of the Year for her rendition of the now-standard "Who Will Watch the Home Place?"

While steeped in the bluegrass tradition, her songwriting demonstrates her ability to surpass the limitations of that genre. Her works reflect her wide range of influences, from old time and country to Tin Pan Alley, jazz standards and early rock 'n roll.



Tickets are \$20 each and \$15 for students and seniors. Kids 10 and under get in free. You can purchase tickets at Eventbrite through jeffersoncenterforthearts.com. Tickets at the door, if available, are \$25 each.

JCA is located at 1124 Pine Grove Ave. For more information visit their website or call 530-918-8383.

Scott Valley artisans work on display in Dunsmuir



The Croaker, an illustration for greeting cards by Cathy McElroy, is among the Scott Valley art on display beginning April 9 at Siskiyou Arts Museum.

The Siskiyou Arts Museum in Dunsmuir welcomes nine artisans from Scott Valley in Northern Siskiyou County for their joint exhibit, "From the Edge of Nowhere," which will be on display in the museum's main gallery from April 9 through June 4.

Participating artists are Cathy McElroy, Cora Brownell, Holly Bailey, Jack and Karen West, Marcia Waldow, Melinda Whipplesmith-Plank, Peter Wright and Suzanne Birch. Artwork on display ranges from illustrations, paintings, photography and printmaking, to jewelry, decorative art, and custom wood works.

The opening will be held during the Second Saturday Art Opening and Reception from 4 to 7 p.m. on April 9. Face masks and social distancing required.

Siskiyou Arts Museum is located at 5824 Dunsmuir Ave. Current business hours are Thursday through Sunday, noon to 4 p.m. For more information, visit them at siskiyouartsmuseum.org, follow them on Facebook, or call and leave a message at 530-235-4711.

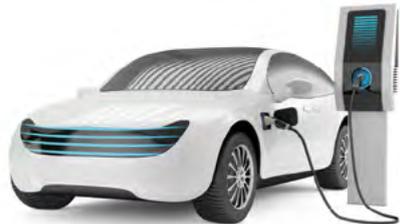
National Drive Electric Week event to be held in Mt. Shasta on April 30

The Shasta Electric Vehicle Association will mark National Drive Electric Week from noon to 3 p.m., April 30, on N. Mount Shasta Boulevard between Alma and Castle streets, in the city of Mt. Shasta.

The event is geared toward a gathering of electric vehicles and their owners and those who support them, but everyone is invited to attend.

Join them to learn about electric vehicles and talk to local EV owners in the area. They'll answer all of your questions about driving, charging and maintaining an electric vehicle.

Anyone driving or using an EV, whether a full electric car, plug-in hybrid, boat, airplane, bicycle, scooter, bus, or any electric vehicle powered by electricity is welcome to attend and be part of this static display of EVs.



You can register for the event at driveelectricearthday.org and enter zip code 96067.

For those unable to attend the event in-person, they will broadcast from the event location via Zoom and have a large screen monitor onsite for everyone to interact at the main display booth.

For more information, call the Shasta Electric Vehicle Association at 541-552-9393 or email electroquest@q.com.

Voted The North State's Best Salads and Best Lunch

Cheesecakes Unlimited
Locally owned & operated since 1991

Many Salad Choices * Fish * Pasta
Chicken * Burgers * Sandwiches
Don't Forget the Cheesecake!

Mon. 11am-2pm
Tues-Fri 11am-8pm

Dine-In • Takeout
Delivery

Delivery through
Entree Express
View our Menu at
entree-express.net

**Happy Hour
Tues-Fri 4pm-6pm**

1135 Pine St., Downtown Redding • 530.224.1775

April 15-16, 2022

Voted a Top 10 Flea by Flea Market Decor Magazine

MARKET HOURS
Friday, Market Premiere & Fundraiser
4pm - 8pm
Saturday, 9am - 4pm

ADMISSION
Friday Premiere & Saturday - \$15.50
Saturday only - \$7.50
Children under 16 free

ROSES AND RUST VINTAGE MARKET

Shasta District Fair & Event Center
Anderson, CA
RosesAndRustVintageMarket.com

Q97 SHASTA DISTRICT FAIR KIXE

Antique Cottage and Garden

French Home & Garden Decor

3270 Cascade Blvd., Shasta Lake
AntiqueCottageAndGarden.com



How commoners can cope with inflation

By Tom Purcell



Finally, people have found something to agree about.

Recently, economics professor Teresa Ghilarducci penned an op-ed for Bloomberg News in which she offers tips on how people who earn less than \$289,000 a year can cope with inflation.

Her piece got quite a negative Twitter reaction from people across the political spectrum.

If you make over \$289,000 a year, the column tells us, inflation will not sting as bad as it would if you make \$50,000 a year.

Paying upwards of \$5.00 for a gallon of gas is a lot harder to do when you don't make nearly \$300,000 a year, apparently.

I majored in English, but even I could figure that out.

But the advice she gives to plebeians to cope with inflation is what really set the negative Twitter reactions off.

How to deal with rising fuel prices? Ditch your car — heck, sell it as a shortage of new cars has made your used car worth way more than it should be — and jump on a bus.

Public transportation fares are only up 8% compared to gasoline which is up 38%, you see.

You may not like riding on the bus — I like to drive directly to my desired destination — but tough beans for you because some people are secretly very happy fuel costs are soaring and you are being forced to choose greener alternatives.

The cost of meat has soared considerably, as well, but not to worry, porridge is good for you! Simply replace your Sunday pot roast with a bowl of lentil and bean soup.

Though her column didn't mention it, some think now is also a good time to try another alternative to meat: edible bugs!

Unlike cows and pigs, raising edible insects requires a fraction of the land, water and other resources. Bugs are cold-blooded invertebrates. They are efficient. Much more of the food they eat is converted into edible bug body parts than is the case with our friends the cows.

Cows are warm-blooded vertebrates. They need to consume lots of food just to keep their body temperature steady. Their food is grown on farms. Fossil fuels must be burned to harvest, process and transport that food. Farming requires lots of land and water.

In other words, inflationary pressures offer a great opportunity to explore new delicacies, such as Bug Wellington and Bug Tartare.

Were you among the millions of Americans who got a pet during covid? I am. I was blessed to be joined by my best buddy ever, Thurber the yellow Labrador.

But being a plebe, the column suggests, I probably didn't think things through and I'd be wise to "rethink those costly pet medical needs."

That is, if it comes down to Thurber getting a pricy medical treatment to save his life, maybe it's better to just let the little guy suffer on to an untimely end — because pet medical procedures are best paid for by people earning \$300,000 or more per year.

I know I am just a commoner, but I, too, have some ideas on how to beat inflation.

I'm going to vote the dummies out of office whose inane government spending policies are directly causing the value of our money to erode.

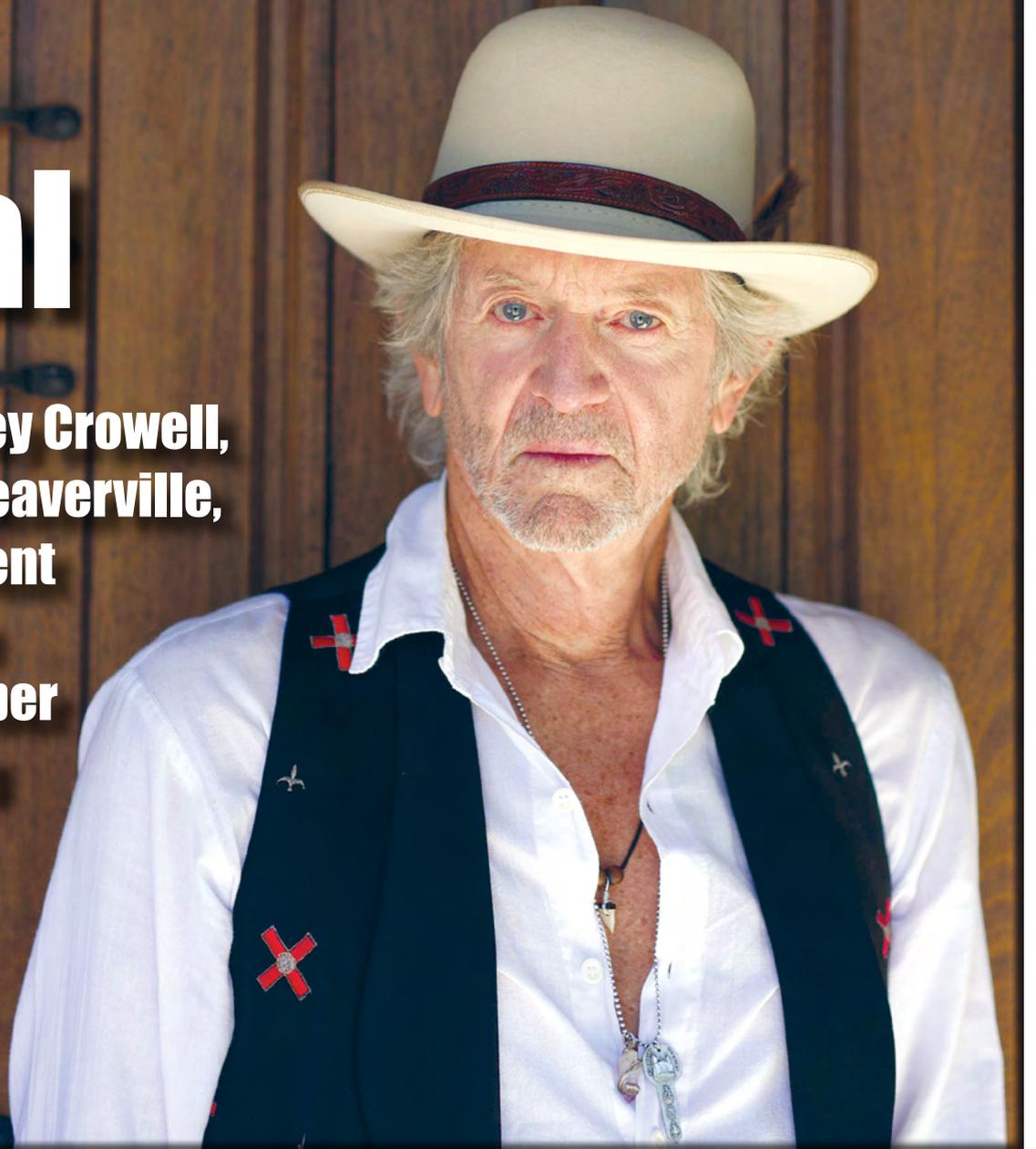
And when they lose their taxpayer-funded paychecks, I'll gladly point them to the least expensive places to get edible bug soup.

Copyright 2022 Tom Purcell, distributed exclusively by Cagle Cartoons newspaper syndicate. Tom Purcell is an author and humor columnist for the Pittsburgh Tribune-Review. Email him at Tom@TomPurcell.com.



Getting personal

Singer-songwriter Rodney Crowell, performing April 10 in Weaverville, talks about his most recent and introspective album *Triage* and being a member of that great songwriting 'school' that included Townes Van Zandt, Guy Clark and others



By Jim Dyar

Laying in a hospital bed after experiencing a sudden medical condition, some people might be concerned about their overall health. Rodney Crowell was concerned about finding a notebook.

It was early October of 2020, and Crowell had just lost five hours of his life to a condition called transient global amnesia - a rare medical condition in which a person experiences a sudden episode of memory loss or is unable to form new memories. He was in an altered state, but knew the words were coming on.

"I asked my wife Claudia to bring me back my notebook," Crowell said in a recent interview with *After Five* from his home in Nashville. "I knew I was going to get something out of this. The next morning, my daughter texted me a photo of a sunflower on a stack of driftwood floating on the Thames River. That was the trip wire. I filled up four to five pages. When I got out of the hospital I started working on the melody."

The next day, after returning

"With *Triage*, I took more care in grounding the language than probably any other record I've made. I think I made the right choices, and I feel it's one of my better albums, even if it's not perhaps one of the most accessible ones."

- Rodney Crowell

home, Crowell phoned some musician friends and in a matter of days he had a new song recorded. "Transient Global Amnesia" appears on Crowell's new album *Triage*, his 18th studio album, which he released last summer.

Crowell, a multi-Grammy Award winner and Nashville Songwriting

Hall of Fame member, will bring his deep catalog of songs and well-lauded live performance to the Trinity Alps Performing Arts Center stage in Weaverville for a 7:30 p.m. show on April 10.

Pulling a song out of an episode of memory loss was a new experience for Crowell, but the free-ranging meditation of lyrics fits nicely into an album heavy on introspection regarding the advancing stages of life as humanity faces a global pandemic, climate change, and many other challenges.

"It's almost like my higher self said, 'Here's one for you, let's do it this way,'" said Crowell, 71. "It was all instinctual and brought on by my mental state. With *Triage*, I took more care in grounding the language than probably any other record I've made. I think I made the right choices, and I feel it's one of my better albums, even if it's not perhaps one of the most accessible ones."

Following his instincts has always served Crowell well. He's composed songs that have been recorded and performed by the likes of Emmylou

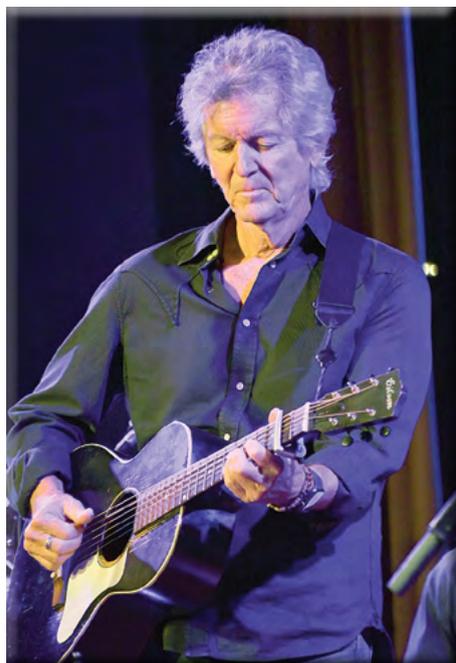
Harris, Johnny Cash, Willie Nelson, John Denver, Bob Seger and Jimmy Buffett. During the 1980s he produced the albums of his second wife, Rosanne Cash, including *King's Record Shop*, which spawned four No. 1 hits.

Crowell has 15 No. 1 hits to his credit, including a Grammy for his 1990 song "After All This Time," and a Grammy for his 2014 album *Old Yellow Moon*. Among his well-known songs are "I Ain't Living Long Like This" (recorded by Waylon Jennings), "Leaving Louisiana" (Oak Ridge Boys/Johnny Cash), "Shame on the Moon" (Bob Seger), and "Bluebird Wine" (Emmylou Harris).

Crowell's songwriting prowess got an early kick start with what could be arguably the greatest songwriting school ever known to mankind. It took place in the early 1970s and classes started at 2 a.m., after he finished his shift as a dishwasher at a Nashville restaurant. He would arrive home to find a group of songwriters and artists congregating that included (at varying times) Townes Van Zandt, Guy Clark, Mickey Newbury, Richard Dobson, a

“Guy (Clark)...had all these records of Dylan Thomas reading poetry and would say, ‘We’ve got to make songs like this.’ Make songs that sound this natural, that come from the subconscious.”

**- Rodney Crowell
on the early 1970s
group of songwriters**



young Steve Earle, Susanna Clark, and “Skinny” Dennis Sanchez among others.

“We would be drinking cheap wine, smoking dope and playing songs,” Crowell remembers. “Richard (Dobson) said this was our version of Paris in the ‘20s. I was young and didn’t even know what that meant.”

The reference regarded the famous era of artistic expansion and expression that occurred in France in the 1920s, but for Crowell, it also meant learning the craft from people whose musical impact would reverberate in waves that would only amplify as the decades rolled along.

Townes Van Zandt is a religion among songwriters. The Guy Clark documentary *Without Getting Killed or Caught* debuted last year and covers the era that these songwriters, including Crowell, would gather.

Today the music might be defined as “outlaw country” or “alternative folk,” but at the time it was just determined songwriters striving to create the most sublime combinations of lyrical and musical content they possibly could.

“Guy (Clark) was the curator of it all,” Crowell says. “He wasn’t competitive. He had a real sense of ‘I don’t give a shit who you are; is this any good?’”

“Guy was very generous. He had all these records of Dylan Thomas reading poetry and would say, ‘We’ve got to make songs like this.’ Make songs that sound this natural, that come from the subconscious. You can’t intellectualize them. It had to come from the inner nature to the surface. That’s how I have been working my whole life as a songwriter.”

Crowell remembers Townes Van Zandt singing “Pancho and Lefty” (later to be recorded by Willie Nelson and Merle Haggard) and knowing that there was an aura of timelessness to the man. Crowell had learned forgotten songs from the 1930s from his father, and when the guitar came his way, the songs caught Van Zandt’s ear.

“Townes was over there and he would say, ‘So you know all of

that good stuff, but what have you written?” Crowell remembers. “I mean, I wanted this guy’s approval.”

According to CMT News, when Crowell wrote “Til I Gain Control Again,” Van Zandt sort of nodded and Crowell figured he had that approval.

At the Weaverville show, Crowell will perform with a band that includes pianist Catherine Marx, bassist Zachariah Hickman, and violinist Eamon McLoughlin.

It’s an eclectic mix of first-class professional musicians, and Crowell has been performing with ensembles like this since 1974 when he and Emmylou Harris performed with The Hot Band. That group featured iconic players like James Burton, Glen Hardin and Bill Payne, and previously had backed up the likes of Elvis Presley, Ricky Nelson and Gram Parsons.

“I have a history of working with great musicians,” Crowell says. “They know I’m going to give them room to express themselves. I learned it early -- the way to have great experience is to create room for (musicians) to flourish. I like having musicians go out and stun the audience. If a band member gets a standing ovation, it adds to me.”

Musicians always enjoy performing sublime songs, and Crowell has a treasure trove of them.

“When I was in my 20s, I caught lightning in a bottle several times but (the songs) were never 100 percent (finished),” Crowell says. “I had to do some cobbling together to get the last verse or whatever. But I was so excited. I wanted to make a name, so much so that it was, ‘This will do. I’ve got to get out what I’ve got.’”

“I’ve enough skill now to back up those steps.”

Ticket information

Tickets for the Weaverville show, presented by Deadfall Ventures, are \$25 for adults (\$32 at the door) and \$20 for students and seniors. Advance tickets are available online at www.TAPAConline.org.



Show & Shine
Music * Food

THREE SHASTAS

Wed., April 20, 4-7pm

BAR & GRILL

Dine-In & Patio Dining • Room Service • Takeout
Introducing New Executive Chef CHRIS BLEVINS with exciting menu changes
See Our Complete Menu on our website: ThreeShastas.com

HAPPY HOUR
4:30-6:30pm
Tues-Sun

LIVE MUSIC
Fri. and Sat. 8:30pm-Midnight

April 1.....	DOUBLE CROSSED
April 2.....	HOOK
April 8-9.....	HILL STREET BAND
April 15-16.....	3 MILE ROAD
April 22-23.....	TBD
April 29.....	ANNA JAE BAND
April 30.....	2SHYY

\$5 Cover

ACOUSTIC THURS.
7:30-10pm
April 7 - MARK McABEE
April 14 - PRESTON JACOBS
April 21 - MARK McABEE
April 28 - JONATHAN FOSTER

Every Wednesday in April
Live Music with STEVE HERMANN
No Cover Wed. & Thurs.
1830 Hilltop Dr., Redding
Red Lion Hotel * (530) 224-6630
ThreeShastas.com

BLUES JAM
Sundays
April 3 &
April 17
5pm-9pm

[GRUBRUB](#) [Instagram](#) [Facebook](#)

Axiom Repertory Theatre Presents:



METEOR SHOWER

by Steve Martin
Directed by: Ken Hill



April 1-16, 2022

TICKETS AT AXREPTHEATRE.COM
BOX OFFICE 530-605-0500

SPONSORED BY  Shasta Regional Medical Center 2613 BECHELLI LN. REDDING CA 96002

“Meteor Shower” is Presented By Arrangement with Concord Theatricals on Behalf of Samuel French, Inc. www.concordtheatricals.com



COMPOSITE PHOTO / Lisa Collins and Susan Daugherty



PHOTO / Bill Collins



PHOTO / Rick Lauchstedt

Left photo: Howard Patterson and Che Stedman in Patterson's one-act play "Vince and Saul." Middle photo: Lisa Collins and Susan Daugherty

in "Flo and Cyn." Right photo: Patterson and Daugherty in "Cal and Tanqueray."

'3 Plays' by Crescent City actor and director a benefit for Riverfront

With the pandemic bringing a halt to community theatre productions everywhere, some performers, directors and writers sought ways to fill their time.

Howard Patterson, an actor and director in Crescent City, had not been off a stage this long since before college.

"The pandemic created a real void for Howard," Susan Daugherty, a former longtime Riverfront performer who had moved to Crescent City, said in an email.

The result was Patterson deciding to pass the time by writing a trio of one-act plays appropriately titled "3 Plays," a benefit for Riverfront Playhouse that will

be performed the first two weekends in April on the theatre's Redding stage.

"Writing these one-acts became his way of coping with the lack of theater. Howard is great at creating characters, both in his writing and on stage," said Daugherty, who has continued to act in community theatre in Crescent City and Brookings, Oregon, although she said Crescent City has not yet resumed theatrical productions. She will be in two of the three plays.

Daugherty acted on the Riverfront stage for the first time in 2000. For the next decade, she performed in two

or three shows per year. Some of her favorites were "Misery," "Broadway Bound," and "Don't Dress for Dinner."

"Before I moved to Crescent City, I performed 'Shirley Valentine,' a one-woman show, as a fundraiser for the new (Riverfront) theater," Daugherty said. "It was very successful and I loved being able to perform such a great part and also help Riverfront financially. It was my fond farewell."

In Crescent City, she has performed in productions of "Glass Menagerie," "Who's Afraid of Virginia Woolf," "The Other Place," and "On Golden Pond."

Daugherty said Patterson directed her in "Glass Menagerie" and has acted with her in every show she has done since then.

"We have a true bond and trust that serves us well on stage," she said.

Daugherty, like Patterson, is in her 70s. She said she had some of the best times of her life on a Riverfront stage.

"So I thought it was an excellent time to visit the new stage," she said.

The three one-act plays are: "Cal and Tanqueray," "Flo and Cyn" and "Vince and Saul."

In the first play, Calpepper Devereaux and Tanqueray Bodine have been playing, touring and recording down home county music for 25 years. They've become successful enough to end up on the national talk show hosted by Thadd Duncan (played by John Welsh). What follows is a comical account of their lives on the road, the recording sessions and the unique bandmates they've had along the way.

"Howard wrote 'Calpepper and Tanqueray' first for the two of us to perform," Daugherty said. "Adding John Welsh to the cast was a stroke of genius by our director Russell Piette."

Patterson then wrote "Flo and Cyn" who don't have a lot, but they have each other. Homeless on the streets of a large city, they've learned to get by in a social environment that would prefer a street sweeper deal with them. Cyn puts her faith in hope, while Flo sees hope as a dead-end street. Flo's persistent cough unexpectedly gives them both hope of a new life in sunny Florida. They begin saving for their trip from their meager income from handouts and fantasizing

about their new lives in Florida. Filled with both humor and pathos, the story is current and impactful, said Daugherty.

"Howard wrote 'Flo and Cyn' for Lisa Collins and myself," Daugherty said. "Lisa is a dear friend and one of the actors whose shows I always try to see. We have always wanted to act together. Russell directs this play as well."

In the final play, Vince and Saul are collectors for Jimmy, a ruthless crime boss. They accept the fact that the life they've chosen has certain inflexible rules and that the people that choose that life need to adhere to those rules. They are not, however, without a moral compass.

Vince is an older man, a mentor to Saul in this career they share. They are very protective of their favorite waitress, Trudy, who has a way of attracting the wrong men. When Vince and Saul are not busy rescuing their friends, they wile away the day reminiscing about the comical denizens of their world. They think of themselves as "problem solvers," but have their good intentions sufficiently solved their current problems?

"We needed another one-act to have a show, so Howard wrote 'Vince and Saul,'" Daugherty said. "When he was done, he realized that he wanted to play Vince. Lisa suggested Che Stedman for Saul and it was a great match up."

Tanya Stedman and Lisa Collins play the barmaids in the play, which is directed by Bill Collins.

Both "Flo and Cyn" and "Vince and Saul" contain strong language.

"Yes, there is some strong language," Daugherty said. "Flo and Cyn are street people and Vince and Saul are mobster types with good hearts. The characters would not feel authentic without strong language, (but) it is not used gratuitously."

Performances are scheduled Fridays, April 1 and April 8 at 7:30 p.m.; and Saturdays, April 2 and April 9, for two performances each date at 2 p.m. and 7:30 p.m.

Tickets are available online at riverfrontplayhouse.net, at Enjoy the Store, 1261 Market St., or at the door on the day of the performance, subject to availability. The theatre is located at 1950 California St. For more information, visit the website or call 530.221.1028.

**Intermountain Cattlewomen
Invite You To The Return Of**

BEEF N BREW

Saturday, April 9, 2022 at 6:00 PM
Jennifer Skuce Pavilion * Intermountain Fairgrounds * McArthur
* Tri Tip Dinner *

- * Complimentary Beer Tasting Hour from 6-7 pm *
- * Dancing * Entertainment * Live Auction *
- Lifetime Hunting or Fishing License Raffle *

\$35 Per Ticket - Get Your Tickets Early!
Price increases to \$40 on Saturday, April 2, 2022

THANK YOU TO OUR MAJOR 2022 SPONSORS!

TITANUM
TUBIT ENTERPRICES, INC.

PLATINUM
HAT CREEK CONSTRUCTION & MATERIALS, INC.
PETERSON TIMBER, INC.

<p>FEATURED BREWERIES</p> <p>FALL RIVER BREWING COMPANY FARMERS BREWING COMPANY MAD RIVER BREWING COMPANY SEAQUAKE BREWING THREE CREEKS BREWING WOODY'S BREWING COMPANY</p>	<p>TICKETS AVAILABLE AT</p> <p>BURNEY Mad Mountain Wireless</p> <p>FALL RIVER VALLEY Intermountain Fairgrounds McArthur Farm Supply Plumas Bank</p> <p>BIG VALLEY Big Valley Market</p>
--	---





General Information Contact:
 Diane Estes (530)592-5871 or Sandi Kaul (650)703-1687
Saddle Cow/Women's Calf Flag Race Entry Contact:
 Donnie Estes - 530-604-3230

Visit Weaverville and Trinity County

The Jewel between Lassen and The Redwoods

(530) 623.4718
Mon-Sat 10-5 • Sun 12-4

OLSON STONEWARE
WEAVERVILLE, CA

Hand-thrown stoneware pottery by Greg Olson

- Garden Accents • Cottage Decor
- Lodge & Camp Merchandise
- Candles • Fine Jewelry
- Children's Books and Games
- Enamelware
- Greeting Cards

516 Main Street under the Spiral Staircase

www.OlsonStoneware.com

ROCKETT'S UP NORTH
CONFECTIONERY & MERCANTILE
EST. 2020
OPEN EVERY DAY

Check Out Our **NEWLY EXPANDED PARLOR & EATERY & Patio Dining**

Up North Mercantile
Offering goods Made in the USA

FRESH WAFFLE CONES DAILY!

530-777-8140
480 Main St. Weaverville

crockettupnorth.com

BARE ROOT SEASON IS HERE!

Trinity Nursery
of Gift Shop

Family owned and serving Trinity County since 1979

Check Out Our Selection of Bare Root Fruit & Nut Trees, Berries, Veggies & Roses

- * Trees, Shrubs, Flowers and Veggies
- * Soils and Mulches
- * Amendments and Fertilizers
- * Gifts for the Gardener

530.623.3225
885 Main St., Weaverville

trinitynursery.com

Highland Art Center
Art Gallery

LOCALLY HAND CRAFTED ARTISAN GIFTS
Jewelry + Pottery + Glass & More

LOVELY TREASURES FOR EVERYONE IN YOUR LIFE

530-623-5111 + 691 MAIN ST. + WEAVERVILLE, CA 96093

Weaverville Hotel Emporium

You Never Know What You'll Find Here!

FUN Shopping!

- * Women's Fashions
- * Loads of Jewelry, including Sterling Silver
- * Amber
- * American & European Soaps and Fragrances
- * Chocolates
- * So Much More!

Open Mon-Sat 9am-6pm, Sundays 10am-6pm
481 Main St., Weaverville • (530) 623-2222
In Old Town next to the Bandstand

weavervillehotel.com

Trinity County Brewing Co.

LIVE MUSIC No Cover Is Back!
All Shows Start 6pm

Coming in the months ahead...
May 21 - ANNA MAY
May 27 - DUST IN MY COFFEE
June 4 - JONATHAN FOSTER
June 10 - ACROSS THE GRAIN
...and More! Check our Social Media for updates

SAT. APRIL 9
JACOB PHILIP BENNING
Music For The Hopeful Romantic

FRI. APRIL 29
THE TENS
From Los Angeles
Debut LP Out April 5 "Broken Romantic"

Merchants Mall

Over 35 Vendors
Over 6,000 Sq. Ft.
(530) 623-2475

- Antiques & Collectibles
- New Toys • Gifts
- Unusual Items
- Jewelry • Furniture
- ...and much, much more!

Mon.-Sat. 10am-6pm

1400 Main Street, Weaverville

We'll Be at the BOONVILLE BEERFEST April 23-24

- Cold Beer • Hot Food
- Family Friendly
- Dog Friendly

530.423.4114
301 Main St. (Hwy 299W)
Weaverville

Check our social media for the latest info

trinitycountybrewing.com

CHOOSE YOUR ADVENTURE

Get Outside
Weaverville Basin Trail System

Trinity Eats
Trinity Alps Golf & Country Club

Historic Festivals
Frontier Days, May 21 - Weaverville

Trinity Made
Joshua Guay Woodworking - Salyer, CA

WEAVERVILLE CHAMBER OF COMMERCE
530/623-6101

NEWS of the WEIRD

-From Page 7

attempted to pull away from Puerto Plata in the Dominican Republic, it hit the seabed, damaging the ship's hull and putting an end to the rest of the seven-day cruise.

According to CNN, Norwegian Cruise Lines said the grounding was the result of wind; passengers were evacuated and will receive a full refund, plus a credit toward a future cruise.

Passengers didn't seem to mind being stranded in paradise; one tweeted that "morale is high."

Jackson, Wisconsin, dentist Scott Charmoli, 61, was convicted of five counts of health care fraud and two counts of making false statements about his patients' treatment, The Washington Post reported, after a scheme in which he drilled into and broke his patients' teeth so he would have to charge them to fix the damage.

His plan increased his income from \$1.4 million in 2014 to \$2.5 million a year later.

Federal prosecutors reported that Charmoli inserted more crowns in his patients' mouths than 95% of Wisconsin dentists between 2016 and 2019; one assistant testified that the change in strategy made her uncomfortable and she ended up leaving the practice. Charmoli is scheduled for sentencing in June.

Some romantic relationships are full of drama and strife, so maybe Sandra, 28, of Budapest, Hungary, has come up with a better model.

According to Oddity Central, Sandra has fallen for Luffancs, a plastic model of an airplane.

After breaking up with her latest human boyfriend in January, Sandra bought Luffancs for \$660 and fell madly in love.

"I don't know why I love him, I just love him," she said. Sandra works in the aviation industry and is around airplanes every day, but says she will never cheat on Luffancs.

In fact, she doesn't know if she'll ever date another human being. "Planes are more reliable as partners," she said.

When Bshar Ahmed, 30, of Youngstown, Ohio, was arrested, he told police that he was selling marijuana from the gas station where he was working the midnight shift because he just got out of prison and he needs the money, WKBN-TV reported.

The owner of the station called officers about Ahmed and produced a bag, which Ahmed admitted was his, that contained bags of weed and a loaded .38-caliber semiautomatic handgun, along with suspected methamphetamine, crack cocaine, indeterminate pills and over \$1,000 in cash. Ahmed's previous convictions bar him from possessing a firearm.

When ya gotta go ... At 4:40 p.m. on March 4, Kenneth Clark Carlyle, 64, walked up his neighbor's driveway in his birthday suit and relieved himself, No. 2 style, on the neighbor's glass patio table, The Smoking Gun reported.

The whole thing was caught on not one, but two "separate angles of the victim's home security video footage," the police report noted.

Clearwater, Florida, officers arrived at Carlyle's RV camper, where they spoke to him "through the door ... and he was still visibly naked and highly uncooperative."

The bond on this incident is \$250, but he was already in trouble from a December infraction, so he remains in the pokey.

Three Michigan men ice fishing in a homemade shanty on Saginaw Bay went for the ride of their lives as winds nearing 50 mph pushed their structure about a mile across the ice, the Associated Press reported.

The men had spent the night before in the shanty and were aware that a storm was approaching, but thought they could ride it out.

But the next morning, someone onshore saw one of them struggling with the hut as it scooted over the ice.

It eventually ended up about 1.5 miles offshore before deputies arrived; the men were able to return to shore without rescue equipment and were unharmed.

As construction crews worked to remodel the Henry J. Kaiser Convention Center in Oakland, California, they made an alarming discovery, NBC News reported.

The building, which has been out of use since 2005, was the final resting place for "an unidentified, decayed body," said Lt. Ray Kelly of the Alameda County Sheriff's Office.

"We found remains best described as mummified," he said. "The conditions in the walls were such that the body was preserved in good condition."

He said authorities will obtain fingerprints to try to identify the deceased.

"Any theory is possible," Kelly said, "... from someone who got in behind the wall and became trapped ... to someone put the person there."

In a quiet Denver neighborhood, someone broke into a box truck parked along a street and stole a box marked "Science Care," KDVR-TV reported.

Inside the box were a number of human heads that were being transported for use in medical research. The thieves also stole a dolly.

Isaac Fields, who lives nearby, was perplexed: Why was the truck parked in his neighborhood? Where was the driver? Why would someone steal human remains? Police wouldn't provide many details because the case is still open.

Yes, this item is about clowns. Or at least circuses. Or circus train cars.

In Nash County, North Carolina, nine railroad cars from the 1960s Barnum & Bailey circus that had been abandoned in the woods caught fire, WRAL-TV reported.

The cars were just outside the city limits of Spring Hope, where they were stored after the North Carolina Department of Transportation bought them in 2017, hoping to refurbish them for passenger service. Later they were put up for auction, but more recently the cars were a popular destination for urban explorers and people seeking shelter.

At least four of the cars appeared to be badly damaged by the fire; the cause of the blaze is under investigation.

Prosecutors have accused 20-year-old Mauricio Damian Guerrero of Bensalem, Pennsylvania, of burglary after he traveled to Somersworth, New Hampshire, and hid in the attic of a woman he had met on the website OnlyFans, WKBN-TV reported.

Guerrero allegedly descended from the attic to take video of the woman while she was sleeping, stole some of her underwear, and planned to place a tracking device on her car.

Police were called after someone at the home heard a noise; Guerrero was found on the roof of the home. He was released on bail and ordered to wear a tracking device.

U.S. Customs and Border Protections agents probably rarely having a boring day, but between Feb. 19 and 25, officers in Philadelphia came across some particularly skin-crawly cargo: about 300 leeches from Bulgaria, NBC New York reported.

The medicinal leeches, which arrived in jars distributed among six separate air cargo shipments, were headed for Connecticut, Florida and Illinois, but they'll never make it: That type of leech, the *Hirudo medicinalis*, is a protected species and can't be traded internationally. Instead, they were turned over to federal wildlife agents.

Dot Grant, 52, attended the musical "Bat Out of Hell" with her family at the Edinburgh Playhouse in Scotland, Edinburgh Live reported.

It was a real treat, as it was her first theater visit since the pandemic began two years earlier.

But as Dot tapped her thigh and sang along quietly under her mask, one of the ushers "flashed their torch" at her before the intermission.

Dot couldn't figure out why: "I did not think I was doing anything wrong."

As the performance continued in the second half, a security worker motioned for Dot to come to the aisle, and she was removed from the theater and told she was "at a musical theater show, not a concert."

"I was surrounded by eight men, which made me feel very uncomfortable and uneasy," Dot said.

"People had been complaining about

my actions of singing and dancing in my seat, that it was a distraction and off-putting for the cast. I waved my hands a few times, but I didn't think that was wrong."

The theater said that audience participation "had never been encouraged."

U.S. border agents at the San Ysidro crossing in California stopped a 30-year-old man driving a truck as he attempted to cross from Mexico, the Associated Press reported.

Agents found 52 live reptiles tied up in small bags – not so weird, except they were "concealed in the man's jacket, pants pockets, and groin area," CBP said in a statement. Nine snakes and 43 horned lizards were seized. Some species were endangered. The driver was a U.S. citizen.

Preacher and author Sharon Gilbert, 69, raised a reaction when she appeared on the "Jim Bakker Show" and described the moment when an alien visited her for nefarious reasons.

"After Derek and I got married, one night, this other Derek appears in our bed. The real Derek is lying down next to me; other Derek sits right up out of him. It startled me," she said, according to Newsweek.

No doubt! Gilbert asked the "critter" who he was, "Because he clearly wanted to have sexual relations."

Along with claiming to be Derek, the creature said he was Xerxes, but Gilbert wasn't having it.

"I reached up, grabbed his face and I said, 'You are a liar, and Jesus is real.' And I pulled that face off, and beneath it was a reptile."

One Twitter user responded, "This is a story a 7-year-old tells when you ask them why they're late for something."

Ania Tanner, a grandmother from Ontario, Canada, found a cute singing and dancing cactus on the Walmart website and purchased it for her granddaughter, CTV News reported.

The animated \$26 toy sings in three languages: English, Spanish and Polish.

But when Tanner, who is Polish, listened to the Polish lyrics, she was shocked: "This toy uses swear words and talking about cocaine use. This is not what I ordered for my granddaughter. I was in shock. I thought, what is this, some kind of joke?"

The Polish song is by rapper Cypis, who didn't give permission for the use of his song by the Chinese manufacturer of the item. For its part, Walmart said the toy is sold by a third-party vendor and will be removed while they investigate.

The Tan Hill Inn in northern England – Britain's highest-altitude pub – drew a big crowd for the Oasis cover band Noasis.

But when heavy snow and dangerous wind conditions hit the remote pub, more than 60 people were stranded there, with the exits blocked and vehicles buried, NPR reported.

–Please See Page 19

Breakfast Served All Day

LOW & SLOW SMOKED Prime Rib, Tri Tip, Chicken, Sausage, and our Famous 14 Hr. Smoked Brisket

Order ahead on our website or with our App - <https://oldmilleatery.appv.biz>



OLD MILL EATERY & SMOKEHOUSE

Breakfast, Lunch & Dinner - Check website for hours

NEW MENU ITEMS

Open Faced Turkey Dinner • Grilled Salmon
Pot Roast • Chicken Fried Steak Dinner

DINE-IN • TAKEOUT • DELIVERY • CATERING

omesmokehouse.com
Pet friendly patio dining available

Local delivery available through DoorDash
For other delivery areas, visit our website

4132 Shasta Dam Blvd. Shasta Lake (530) 275-0515

Tortilla Flats
FAMILY MEXICAN RESTAURANT
Established 1978



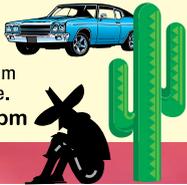
Featuring Our **FAMOUS MARGARITAS**
Happy Hour - Drinks & Appetizers
4pm to 6pm

CINCO DE MAYO
Save the Date and Join Us!

**Great Service ~ Great Prices
Great Food**

2800 Park Marina Dr., Redding
**Dine-In • Takeout
"To Go" call 530.244.3343**

Kool April Nites
Welcome Classic Car fans.
We're located just 1.4 miles from Redding Civic & Sundial Bridge.
Hours: Tues-Sat 11am-8pm



Antiquing Guide

Discover Timeless Treasures

Merchants Mall

Over 35 Vendors
Over 6,000 Sq. Ft.

- Antiques & Collectibles
- New Toys & Gifts
- Unusual Items
- Jewelry & Furniture
- ...and Much, Much More!



1

Mon-Sat. 10am-6pm
1400 Main St., Weaverville ♦ 530-623-2475

**The Red Door
Vintage & Antiques**

See Us at Our **NEW LOCATION**

145 Locust St. Redding • 530-262-2242
Thurs-Sat & Mon 11-4 • Sun Noon-4

2

LARGE ASSORTMENT OF SOLID WOOD FURNITURE

Opening in April at our New Location
2104 Hilltop Drive
Redding, CA



3

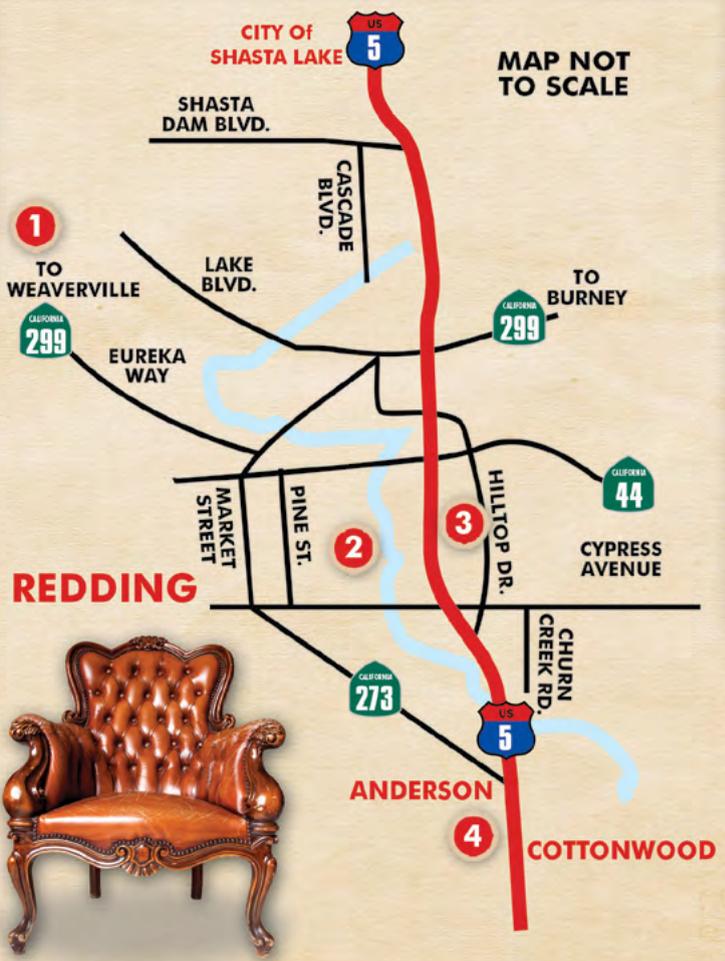
Follow us on Facebook (Trends Vintage Marketplace & Co.) & Instagram for the latest updates and Opening Days

**Memory Lane
Antiques & Vintage**

HOURS: Mon & Wed-Sat 10-6 ♦ Sun: Noon-5
Antiques, "Mantiques" & More

4

*We've Moved! Come See Us at Our New Location in the Shasta Gateway Center (Between Eddie Bauer & Maurices)
530-365-1399 ♦ 1773 State Hwy. 273 ♦ Anderson



Antiques
Shabby Chic
Vintage
Refurbished
Retro



APRIL 15-16, 2022
SHASTA DISTRICT FAIRGROUNDS, ANDERSON
ROSESANDRUSTVINTAGEMARKET.COM



Early Shasta County cannabis owner, largely credited with helping a city take the lead in the new industry, pens memoir

By Aaron Williams

For more than a dozen years, Jamie Garzot was more or less the face of the medicinal and recreational cannabis industry in Shasta County.

Owner and operator of 530 Collective and, later, Synergy, Garzot in 2009 took a chance to change the way medicinal marijuana was not only distributed but also how it was perceived. In turn, she helped the industry grow, influenced a city's acceptance of the new industry and even helped craft legislation.

Garzot details her ride from starting 530 Collective (later renamed 530 Cannabis) in the city of Shasta Lake, making less than \$100,000 a year, to having that business and Synergy in Redding reach gross revenues of \$12 million and eventually being bought by High Times in her soon-to-be released book, "Unconventional: A Memoir of Entrepreneurism, Politics, and Pot." It is published by Girl Friday Books out of Seattle and is scheduled to be released on April 19.

"It was (cathartic) and that's putting it lightly," Garzot said from Sonoma County, where she now lives. "When I was getting toward the closing of the High Times acquisition Andrew Lampert at Hunt Equity (the firm handling the sale) said 'You should write a book.'

"I kind of blew it off, but he brought it up a second and third time," Garzot said, "and I asked him 'What gives? Why won't you let it go?' He said 'You have an interesting story and need to share it.' He told me that I started my business with no roadmap and that my story could inspire others."

The explanation stuck.

Once she decided to forge ahead with the project, one of the early obstacles was actually sitting down to write.

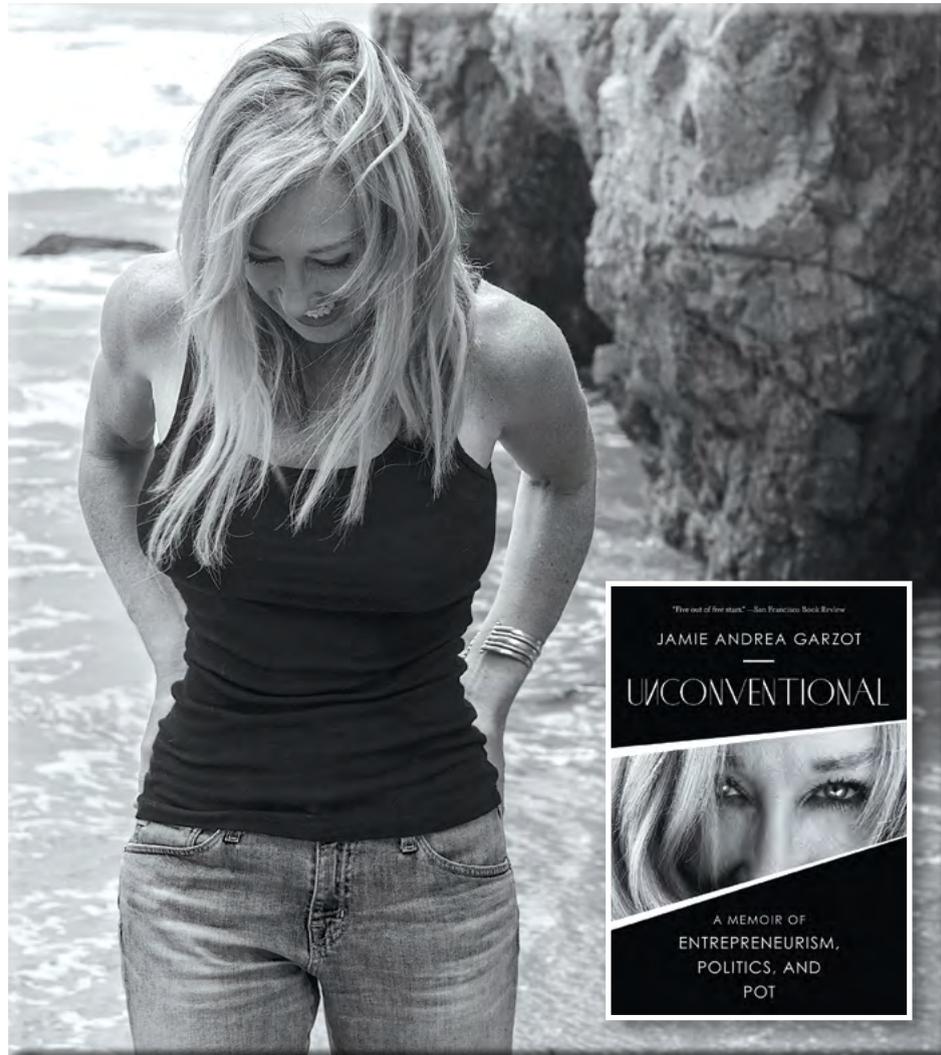
Although an English major at San Diego State University, focusing her attention to sit down and write a book was not her style.

"I don't sit still and the thought of planting my ass in a chair with a blank word doc...that wasn't going to happen," she laughs. "Anytime I've done speaking engagements, I'm standing, pacing the room. I think better when I'm in motion."

So she downloaded Google Docs on her phone and would spend the morning walking Zeus, one of her three dogs, and formulate two sections she wanted to focus on.

"When I got home, I grabbed my bike and hit the mic and would dictate my book until my battery died or I was finished with that section," she said.

The book, a 194-page "pretty easy read," details everything from Garza's childhood to her marriage (both touching on the subject of mental health and suicide), a lawsuit, harassment by a doctor, time on the Shasta Lake planning commission, her personal but mostly professional relationship with California Assemblymember Jim Wood and more, including the beginnings of 530 Collective. It dives into her quest to



Jamie Garzot's book "Unconventional: A Memoir of Entrepreneurism, Politics, and Pot" is scheduled to be released April 19.

take what had been a largely clandestine operation - at the time medicinal marijuana - and transform not the whole industry, but her approach toward those needing cannabis.

"I guess I can see that from the 30,000-foot view, but it's hard for me to take a lot of the credit," she said of becoming involved in not only opening up her store for all to see, but eventually helping to craft recreational cannabis laws, as well as working with the City of Shasta Lake to pass an ordinance that fairly taxed her sales.

"I had, over the years, an amazing team that helped business grow and they did a kick ass job," she said. "That allowed me freedom to go to Sacramento and advocate for cannabis regulation."

"I can't take the credit. I had a vision in 2009 and a ton of people who helped me along the way."

However, even some of her fellow cannabis owners acknowledged Garzot's knowledge and help.

"Even though we were competitors in business, she had passion for the cannabis community and she always helped when I called upon her, which I did multiple times during my time in the business," Stacy Haines, who owned Leave It To Nature in the city of Shasta Lake before selling the business last year to Perfect Union, said in an email. "She gave me advise that was extremely helpful."

The friendship that formed included trips to church with the Bartells as well as hanging out drinking Irish whiskey.

"She was very open and honest and when I got to know her, I had great respect for her," Bartell said. "She did what she said she was going to do."

Bartell said his respect extended to telling his deputies to visit Garzot's store and make up their own minds.

"I didn't want anything to do with it, but I told them to feel free to check it out," he said.

And while Garzot was open about her approach to the industry, she also was grateful to the city leaders, who might not have "liked" her business, but had the foresight to realize the cannabis industry was coming whether they liked it or not.

"She brought a real professional face to the movement," said Duckett, the former city manager. "I think, initially, the city saw it coming down the pike and the council thought it was a good business venture."

City Councilman Greg Watkins, who has been on the council for years and is generally considered to be politically a bit far right of center, said the City of Shasta Lake may have gone the way of Anderson, Redding and Shasta County in banning collectives if not for Garzot.

"She was probably the most knowledgeable on coming laws and presented a very convincing case that we'd be ahead of the game. That we'd be in control," Watkins said. "She was the most knowledgeable person in the state at the time and here she was in our own city. I don't think there could've been a better advocate for city-controlled collectives."

"It never would've happened (in Shasta Lake) without her."

In 2014, city voters overwhelmingly approved Measure C, which imposed a 6 to 10 percent gross receipt tax on collectives and cooperatives operating in the city.

"We didn't have the cannabis tax and it wasn't something the city pursued, but a large part was people like Jamie selling it (to her customers)," Duckett said. "When it did pass that's when the city felt comfortable asking for some payback."

The book, which will be available on Amazon, has already garnered some good advance reviews.

"An engaging and illuminating insider's portrait of a cutting-edge industry," wrote Kirkus Reviews. San Francisco Book Review gave it five out of five stars. And in March, it was awarded a 2022 Independent Press Award Distinguished Favorite.

When the book is released Garzot plans to have an open calendar for book signings and meet-and-greets.

But while the medium was cannabis, she said it's not the message of her story.

"I believe anybody and everybody could do what I did," she said. "They have the capacity to pursue their dreams and invest in their own personal power."

Ron Harrington contributed to this article.

"I was so against marijuana that the last thing I thought I would ever think I'd be doing was help someone in the business...(but) she was very open and honest and when I got to know her, I had great respect for her."

**- Forrest Bartell
Retired Captain
Shasta County Sheriff's Office**

In addition to her employees, who she sprinkles throughout the book, among the other people featured in the book are former Shasta Lake City Manager John Duckett and Forrest Bartell, a Shasta County Sheriff's captain who, despite a staunch anti-marijuana stance, became lifelong friends with Garzot.

"I was so against marijuana that the last thing I thought I would ever think I'd be doing was help someone in the business," said Bartell, who was in charge of the Shasta Lake substation when he first met Garzot.

A 911 call involving Garzot's ex-husband proved a turning point in their relationship.

"She was going through a crisis and we were there for her," Bartell said.

HIGH TIMES[®]

CANNABIS MARKET



NEED WEED?

OPEN 7 DAYS A WEEK 9AM-8PM

CENTRAL REDDING
345 Hemsted Dr
Just west of Interstate 5
Exit 678

SHASTA LAKE
1550 Locust Ave
One mile west of Interstate 5
Exit 685

530-722-0420
hightimes.com/stores/redding

530-275-0420
hightimes.com/stores/shasta-lake

C10-0000535-LIC

C10-0000114-LIC



The predictably lying liars are plotting to give Joe a pain at the pump

By Dick Polman

When I hear Republicans blaming President Biden for high gas prices, I'm reminded of what scribe Mary McCarthy once said of her rival Lillian Hellman: "Every word she writes is a lie, including 'and' and 'the.'"



I wouldn't go quite that far in condemning Republicans for their current propaganda. But aside from those two little words, they've been weaving a panoply of lies that would make Putin envious.

The propaganda about gas prices – "Joe Biden caused this and doesn't seem to care," bleats the Republican National Committee – is all about hoodwinking voters in advance of the November midterm elections, a neat trick designed to turn the House and Senate red.

But it may well work like a charm, because for the average citizen swallowing lies is a lot easier than fact-checking. Besides, it's always easiest to lash out at the incumbent party. As Senator Angus King, an independent who caucuses with the Democrats, said the other day, "Historically, people automatically blame presidents for (high) gas prices."

So it may well be a waste of time for me to parse the GOP's BS, but hey, refuting lies is an old habit of mine, regardless of whether any gullible voter may happen to read this.

For instance, Republicans on Capitol Hill are falsely contending that the current gas price spike is all Biden's fault because he's not letting the oil companies do enough drilling. Senator Bill Cassidy says Biden has launched "an all-out assault on the development of U.S. oil." House Minority Whip Steve Scalise tweets that gas price spikes are "what happens when you destroy America's energy industry."

But the truth – for what it's worth – is that oil barrel production has actually increased since Biden became president, as have the number of oil rigs. There are also roughly 9,000 wells that have been federally-approved, but have not yet been drilled because key oil companies, flush with recent profits, have decided to instead return cash to their shareholders.

It's the drillers – not Biden – who have been holding back.

In truth, Biden has been so oil-friendly that environmentalists and climate change experts have become demoralized. Contrary to the Republican lie that Biden has killed domestic energy production, the truth is quite the opposite.

"Biden has done nothing to halt oil leasing. In fact, the Biden administration has outpaced Trump in issuing drilling permits on public lands and water in its first year," according to federal data analyzed by the Center for Biological Diversity.

Here's another metric: According to the conservation group Center for Western Priorities, the Biden administration approved more drilling permits during his first year in office than Trump did in any of his first three.

My favorite Republican lie, however, is how the current gas price spike wouldn't be happening if only Biden hadn't "killed" the Keystone XL pipeline that was gonna bring crude oil from Canada.

Biden indeed canceled it, but the pipeline was never "operating" in the first place. At the time Biden canceled it, only eight percent of it had been built – and the original target date for completion, barring all holdups and court battles, would've been 2023 at the absolute earliest. Besides, we currently get lots of Canadian crude oil anyway. It arrives by rail.

But that's all nuance, whereas the Republicans are masters of lying simplicity. As Joseph Goebbels famously said, "Repeat a lie often enough and it becomes the truth." Indeed, Republicans are reportedly selling stickers that motorists can slap on gas pumps, with Biden pointing and saying "I did that."

Will their lies snow enough voters to triumph in November?

I'll answer that with a question: Have you lived in America lately?



How to choose a Medicare Advantage plan

Dear Savvy Senior,
I will be 65 and eligible for Medicare in a few months and am interested in getting a Medicare Advantage plan to cover my health care and medications. What tips can you provide to help me pick a plan?

- Ready to Retire

Dear Ready,
Medicare Advantage plans have become very popular among retirees over the past 15 years, as nearly half of all new Medicare enrollees are signing up for Advantage plans, which accounts for about 42 percent of the entire Medicare market.

Here are some tips and tools to help you pick a plan that fits your needs.

First, let's start with a quick review. Medicare Advantage plans (also known as Medicare Part C) are government approved health plans sold by private insurance companies that you can choose in place of original Medicare. The vast majority of Advantage plans are managed-care policies such as HMOs or PPOs that require you to get your care within a network of doctors.

If you join an Advantage plan, the plan will provide all of your Part A (hospital insurance) and Part B (medical insurance) coverage like original Medicare does. But many plans also offer extra benefits like dental, hearing and vision coverage along with gym/fitness memberships, and



By Jim Miller

most plans include prescription drug coverage too.

Medicare Advantage plans are also cheaper than if you got original Medicare, plus a separate Part D drug plan and a Medigap policy.

Many Advantage plans have \$0 or low monthly premiums and don't always have a deductible, but they also typically have a high out-of-pocket maximum. In 2021, Advantage plan participants on average were responsible for a maximum of around \$5,100 for in-network care, and about \$9,200 when out-of-network care is included.

How to Choose

To help you pick a plan, a good first step is to call the office managers of the doctors you use and find out which Advantage plans they accept, and which ones they recommend. Then go to the Medicare Plan Finder tool at [Medicare.gov/plan-compare](https://www.Medicare.gov/plan-compare) to

compare Advantage plans in your area. This tool provides a five-star rating system that evaluates each plan based on past customer satisfaction and quality of care the plan delivers. When comparing, here are some key points to consider:

Total costs: Look at the plan's entire pricing package, not just the premiums and deductibles. Compare the maximum out-of-pocket costs plus the copays and coinsurance charged for doctor office visits, hospital stays, visits to specialists, prescription drugs and other medical services.

This is important because if you choose an Advantage plan, you're not allowed to purchase a Medigap policy, which means you'll be responsible for paying these expenses out of your own pocket.

Drug coverage: Check the plan's formulary – the list of prescription drugs covered – to be sure all the medications you take are covered without excessive

co-pays or requirements that you try less expensive drugs first.

Dental, vision and hearing: Many Advantage plans come with dental, vision and hearing benefits, but are usually limited. Get the details on what exactly is covered.

Coverage away from home: Most Advantage plans limit you to using in-network doctors only within a service area or geographic region, so find out what's covered if you need medical care when you're away from home.

Out-of-network coverage: Check to see what's covered if you want to see a specialist in a hospital that is not in a plan's network. You can get a list of doctors and hospitals that take part in a plan on the plan's website.

Need Help?

If you need help choosing a plan, contact your State Health Insurance Assistance Program at [ShipHelp.org](https://www.ShipHelp.org) or call 877-839-2675. Also see the HealthMetrix Research 2022 Cost Comparisons Report at [MedicareNewsWatch.com](https://www.MedicareNewsWatch.com) that lists the best Advantage plans based on health status.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](https://www.SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

I Pity the Fools

who drain their pools (into the storm drain)



[ReddingSewer.com](https://www.ReddingSewer.com)

Shasta County Health & Human Services Agency

Dealing to Minors = Prison Time

A person 18 years of age or over who furnishes, administers, or gives, or offers to furnish, administer, or give, any cannabis to a minor in violation of law shall be punished by imprisonment in the state prison for a period of three to seven years.

HSC 11361(b)

Gas money: Is it better to send out checks or suspend a tax?

State lawmakers have several proposals for sending checks to people to help with the increased cost of gas. One-time checks would be especially helpful for people with lower incomes, economists and policy experts said. Republicans are pushing to temporarily suspend the state gas tax to reduce the price of gas.

By Grace Gedye
CalMatters.org
March 24, 2022

California is flush with cash — the state has an estimated budget surplus of \$21 billion — and, separately, gas prices are way up.

Those two facts combined have lawmakers tripping over themselves with spending proposals to help people with rising costs.

In mid-March, a cohort of Assemblymembers proposed giving every California taxpayer \$400 to offset new, higher prices for goods and especially gas. A few days later, the Los Angeles Times reported details of another proposal, this one from Democratic leaders in the Legislature: \$200 to each taxpayer, plus \$200 for each kid for families making up to \$250,000, and a grant program with the same benefits for people who don't file income taxes.

On March 23, Gov. Gavin Newsom threw yet another idea into the mix which, among other things, would give car and truck owners \$400 per vehicle via debit cards, for up to two vehicles per person. The governor's proposal does not have an income cap "in order to include all Californians who are facing higher prices due to the cost of oil," the administration said in a statement.

The plans to send cash to Californians directly come on the heels of Republican calls to temporarily suspend the state's gas tax of roughly 51 cents per gallon in its entirety and a proposal from the governor in January to pause a planned 3-cent increase in the state gas tax. Both approaches to reducing the gas tax predate the war in Ukraine, which has driven gas prices even higher.

Lawmakers want to do something in response to the higher gas prices. What remains to be negotiated is who gets how much, and how exactly they get it.

A check that people can spend however they want, particularly if it's targeted at lower- and moderate-income Californians, makes sense, said Chris Hoene, executive director of the left-leaning California Budget and Policy Center, which advocates for aid aimed

"A lot of people don't have the luxury of just being able to say 'oh gosh, I guess I'll stop driving.'"

**- Kevin Kiley
Assemblymember
Republican - Granite Bay**



at lower-income Californians. Rising gas prices wind up making lots of products more expensive, he points out, and lower-income people feel the effects of increased gas prices much more acutely.

On average, Californians spend about 4% of their income on gas for their cars and homes, according to research from the Public Policy Institute of California. But Californians in the bottom fifth of earners spent about 16% of their income on gas. In other words, when gas prices go up, people who make less money feel the squeeze on their budgets for food, housing and other essentials.

Families who don't have a lot of flexibility in their household budget feel these price increases the most, said Sarah Bohn, an economist at the Institute.

Giving more money to people with more cars rather than distributing money to lower-income people doesn't make sense, said Hoene.

"I think it's terrible," he said of the governor's proposal. "Millionaires and billionaires who don't need the credit at all will be receiving it because they happen to have a record at the DMV."

He also cautioned that sending checks to people with more money in the bank might exacerbate inflation. While lower-income households would likely use the money to meet their basic needs, higher income households that didn't have to cut back in response to increasing gas prices might use a check as a chance to splurge and order things off their Amazon wish lists.

But he complimented another part of Newsom's proposal, which would theoretically make public transit free for three months, because it would make it easier for people to use transit options that use less fossil fuels.

Sending money directly has proven to be an effective tool for helping people when economic circumstances change,

"Bad stuff is happening out in the world and someone's got to help pay for it. Other people are paying with their lives, right? We're paying a dollar more for gas."

**- David Neumark
economist at UC Irvine**

most recently during the pandemic. The stimulus checks the federal government sent out kept 11.7 million Americans from falling into poverty during the pandemic, the Census Bureau found.

Sending out checks and cutting the gas tax both have the same aim, but the two methods have different implications for reducing usage of fossil fuels, says David Neumark, an economist at UC Irvine.

When the price of gas is high, people try to use less of it, said Neumark. If the state sends out checks, people who can't change how much gas they use can use the money to offset higher prices at the pump, while others could try to drive less and use the money to cover other needs.

"We want the price of gas to be high to discourage people from using gas," said Neumark.

Cutting the gas tax to directly bring down the price of gas, he said, would have the opposite effect: It would make it easier for people to decide to drive more.

"A lot of people don't have the luxury of just being able to say 'oh gosh, I guess I'll stop driving,'" said Assemblymember Kevin Kiley, a Republican from Granite Bay who introduced a bill that would get rid of the state gas tax for six months.

"If you have to drive a long way to work or you live in a rural area and there is no access to public transit; If you're

someone who is a low-income person can't necessarily afford to go out and buy a Tesla tomorrow," said Kiley, "there really is no viable alternative in a lot of these situations."

One benefit of cutting the gas tax temporarily is that it's simple and fast, said Kiley. He critiqued the complexity of Newsom's proposal, saying it "seems like it involves a lot of bureaucracy and seems like it preserves the role of the government in directing where funds go and who gets them."

One drawback of cutting the state gas tax is that it's not clear exactly how much it would drive down prices. The gas tax is paid by suppliers, so they would need to pass the savings along in order for the price to come down. With the global oil market constrained by sanctions, it's not clear how much of the tax cut consumers would see at the pump.

The current spike in gas prices has been driven by Russia's invasion of Ukraine and the sanctions that followed. That situation doesn't necessarily warrant a broad-based solution from California lawmakers, said Neumark. Giving checks to everyone might score political points, he said, but middle- and higher-income Californians can handle higher gas costs.

"Bad stuff is happening out in the world and someone's got to help pay for it," said Neumark. "Other people are paying with their lives, right? We're paying a dollar more for gas."

Grace Gedye covers California's economy for CalMatters. Previously, she was an editor at the Washington Monthly. She is a graduate of Pomona College. Email: grace@calmatters.org

CalMatters.org is a nonprofit, nonpartisan media organization explaining California policies and politics. Read more at calmatters.org.

NEWS of the WEIRD

-From Page 12

People slept on the floor and mattresses and ate Yorkshire pudding while playing games and watching movies.

Noasis missed their next gig, in Essex, but everyone was able to leave the inn with a great story to tell.

Mark Smith of Cass County, Missouri, filed a class-action lawsuit against Folgers Coffee Co. and its parent company, J.M. Smucker, for misleading label information about the serving sizes and quantity of coffee in its canisters.

Smith says the company has "grossly misinterpreted the number of cups of coffee" that can be made from a container, calling it a "classic and unlawful bait-and-switch scheme," The Kansas City Star reported.

Folgers rebutted by saying that the label offers two ways to make coffee, and its label uses the words "up to" when describing how much a canister could make.

In Greenwood, South Carolina, firefighters responded to the Morningside assisted living facility, where several rounds of ammunition, which had apparently been stored in a

toaster oven, discharged and caught a resident's apartment on fire.

WSPA-TV reported that employees initially believed a shooter was on the property when they heard the shots, but the room's resident was found unconscious and suffering from smoke inhalation. The fire was extinguished, and no other apartments were damaged.

Dale Wheeler, a 56-year-old IT worker from Morrisville, North Carolina, crashed his car just four miles away from his home and then disappeared, The Raleigh News and Observer reported.

Officers responding to the crash found the keys still in the car, along with "a little bit of blood."

Wheeler was reported missing after not showing up for work for two days, but it was almost two weeks before anyone saw him again when someone called police to do a welfare check at Wheeler's home and found him there, alert and conscious.

He was taken to a hospital, where he explained that he had walked away from the accident but went back to find his phone, then was lost in the woods for nearly two weeks before finding his

way home. Police said an investigation is ongoing.

Politix, a menswear brand in Australia, celebrated Movember (when men grow mustaches to raise awareness of men's health care concerns) with a special suit of clothing made of mustache hair, Oddity Central reported.

The Mo-Hair suit's fabric was made by Melbourne artist Pamela Kleeman-Passi, who collected hair from salons and individuals.

"When hair is on your head, it looks really beautiful," she said. "But when it's off the body, it immediately becomes disgusting ... I'm interested in the polarity between what's really voluptuous and what's really repulsive."

If you're interested in the Mo-Hair suit, sorry: It isn't commercially available.

Jerry McDonald of Chattanooga, Tennessee, was with an acquaintance when he passed out from drinking.

His friend, trying to help out, took McDonald's phone to text his boss that he wouldn't be in to work that afternoon.

But instead, the friend found alarming texts in which McDonald detailed a plan to kill an unnamed woman and take her money: "Please kill her babe, please. I'm begging you. There's over a million in her dad's safe. I'm saying I won't get caught," McDonald had texted, according to NewsChannel9-TV.

But, of course, he did get caught, and

now is held in the Hamilton County jail on \$75,000 bond.

Canada may want to rethink opening its border to Americans after Vivian Richards, 48, of Oakland Park, Florida, tried to smuggle 56 guns into Sarnia, Ontario, in the trunk of her car.

Richards was referred for secondary inspection, DH News reported, after officers of the Canada Border Services Agency looked in her trunk.

Along with the firearms, they found 13 overcapacity magazines, 43 pistol magazines and 100 rounds of ammunition. She faces several charges, including possession for the purpose of weapons trafficking.

Mayor Chen Qimai of Kaohsiung City, Taiwan, has ordered a clever punishment for people convicted of drunken driving in his community.

Oddity Central reported that offenders will have to clean funeral parlors to give them the experience of being close to death.

In January, 11 drunk drivers spent hours cleaning a mortuary, refrigeration unit and crematorium.

"I had never been close to death, and it felt disturbing," one offender said. When they were finished, they reportedly expressed their deep remorse and said they wouldn't drive drunk again.

Want to Reach Tourists?



North State
VISITORS GUIDE

SHASTA LAKE • MT. SHASTA • BURNEY FALLS • TRINITY ALPS • LASSEN PEAK • AND MORE



The largest and most widely distributed Visitors Guide of its kind in the North State Online, too!

75,000 Copies

Distributed spring, all summer and into the fall in the north state, the north coast, Sacramento, and southern Oregon

(All Year Online and at Select Locations)

Call 530.275.1716 or email SLB@shasta.com for advertising information www.NorthState.news



North State Visitors Guide

CLINIC CLOSING

Dr. Dhruva & Dr. Hansen of Therapeutic Pain Management (TPM) Clinic in Redding are retiring as of June 30th, 2022. The clinic will close permanently.

Please go to www.TPMclinic.com for details on treatment options and how to obtain medical records or call the office at (530) 247-7246 before June 24th. Thank You.

THE BACK PAGE

May
Deadline
Wednesday
April 20

(530) 275-1716 • (530) 725-0925

Need to run a LEGAL NOTICE?



The InterMountain News is adjudicated and accepts legal notices for Shasta, Lassen and Plumas counties

(530) 725-0925
P.O. Box 1030
Burney, CA 96013
news@northstate.news

InterMountain
THE NEWS
SERVING NORTHEASTERN CALIFORNIA

NorthState.News

THE BEADMAN

Mother's Day Weekend
CRAFT FAIR
Saturday, May 7



Friday, April 15th and Saturday, April 16th
We'll pay the sales tax for you on those two days



Senior Discount
Basic Jewelry Repair
Tues-Sat 10-5 • Sun Noon-5
2619 Park Marina Drive
Redding • 243-8808

COUPON
25% Off
ANY ONE ITEM
Good thru 04/30/2022
Limit one coupon per customer, per day. No layaways. Not valid with any other offers, discounts or special sales. AS



Join us Sunday, April 17th

Easter Sunday

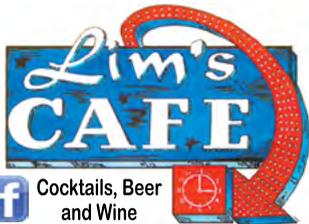


Baked Ham Dinner

Served from 11am-8pm includes mashed potatoes, yams soup or salad and dessert - \$14

Open 8am to 8pm every day
Orders to Go available. To view our menu and Order Delivery visit Entree Express online

Complete Chinese & American Menu
592 North Market St., Redding
241-9747 or 243-2991



FAMILY OWNED SINCE 1933

Cocktails, Beer and Wine

THE BEST LOCAL FESTIVAL IN NORCAL IS HAPPENING IN THE CITY OF SHASTA LAKE



BOOMTOWN FESTIVAL
IN THE CITY OF SHASTA LAKE

10-11AM
9AM-3:30PM
10AM-1PM
5PM-8PM
ALL DAY

BOOMTOWN PARADE
CRAFT FAIR
HEALTH FAIR & FAMILY CARNIVAL
LIVE MUSIC
FOOD TRUCKS

SATURDAY, MAY 7TH

REGISTER & FIND MORE INFORMATION

SHASTADAMBOREE.ORG

FIND OUR EVENT ON

